



# FRUIT OF THE SPIRIT

TALK IT OVER | LESSON 2

Hey parents! This week your child learned about **goodness**, which is a Fruit of the Spirit. They heard the Bible story of **Lydia**, too! Use these questions as a guide to talk over this week's lesson after they've watched the video service!

1. What was your favorite part of the video we just watched?
2. How did Lydia learn about God and hear the good news about Jesus?  
*Paul and Silas shared the message with her and the other women. Lydia and everyone in her house believed.*
3. What did Lydia do to show goodness?  
*She allowed Paul and Silas to stay at her house when they visited Philippi.*
4. Why did Lydia show goodness?  
*Lydia knew and loved God. She showed goodness because she had the help of the Spirit to share God's love and goodness.*
5. What makes it difficult for you to be good?  
*Sometimes it can be difficult to be good, and we don't always feel like being good. But when we love God and follow Jesus, like Lydia, God gives us the gift of his Spirit. He helps us show goodness by treating others well so we can share God's love with everyone.*
6. Don't forget about Greg's Super Awesome Video Contest! This week make a video about goodness. Go to [saddlebackkids.com/videocontest](https://saddlebackkids.com/videocontest) for more information.