



FRUIT OF THE SPIRIT

TALK IT OVER | LESSON 1

Hey parents! This week your child learned about **kindness**, which is a Fruit of the Spirit. They heard the Bible story of **Tabitha**, too! Use these questions as a guide to talk over this week's lesson after they've watched the video service!

1. What was your favorite part of the video we just watched?
2. What miracle did God do in Tabitha's life?
God used Peter to raise Tabitha from the dead! Read Acts 9:36-43 to find out more about this miracle and Tabitha's story.
3. What did Tabitha do to show kindness?
She did kind things for people and helped by giving food and clothes.
4. Why did Tabitha show kindness?
Tabitha knew and loved God. She showed kindness so that people would see God's love through her. She wanted to share his love.
5. What makes it difficult for you to be kind to others?
Sometimes it can be difficult to be kind to someone who is mean to us, and we don't always feel like being kind. But when we love God and follow Jesus, like Tabitha, God gives us the gift of his Spirit. He helps us show kindness and share God's love with everyone.
6. Have you ever prayed to God to ask him to be the Lord of your life and make the choice to be in God's family? Is that something you want to talk about?
**Refer to the How to Become a Christian booklet to help with this conversation.*
7. Don't forget about Greg's Super Awesome Video Contest! This week make a video about *kindness*. Go to saddlebackkids.com/videocontest for more information.