



Paul and Barnabas  
Acts 9:26-31,  
13:1-3, 15:36-41

# Colored by:

on

**Hey Parents! This week we learned about the Fruit of the Spirit of gentleness by looking at the life of Barnabas. Barnabas showed God's gentleness toward Saul, giving him a chance when others were resistant to accept him because of his past. The Fruit of the Spirit of gentleness can be an immense gift to others. Gentleness is not just being timid or tender. It is being slow to anger, quick to forgive and accepting of those who are different than us. You are gentle when you show care and compassion toward others. Take some time to discuss the following questions with your child this week, reinforcing the importance of gentleness.**

- 1. What does the word gentle mean?**
- 2. Who should we show gentleness toward?**
- 3. What is something you can do for someone today that shows them gentleness?**