



# HEY-O JESUS

## ACTIVITY | LESSON 1

### PARTY IN HEAVEN DANCE CHALLENGE

In this activity, the children will have fun learning how they can celebrate by using their bodies. They will use their craft tambourines and their bodies to dance to different dance moves. The children will be reminded that there is a celebration when someone says yes to Jesus.

#### DIRECTIONS

##### PREP

1. Print out Dance Challenge printable in color (1 set per class.)
2. Cut out the printable pieces and add your own dance moves if you would like.
3. Place dance challenge cards in a bucket or bag and give to leaders for play.

##### PLAY

1. Explain, *We have been talking about how Jesus loves us, and when someone says yes to Jesus there is a celebration in Heaven. Today, we are going to celebrate, too!*
2. Choose one child at a time to pick a dance challenge card.
3. They will hand the card back to you and do the dance indicated on the card, showing the class how to do the dance together.
4. Everyone will keep doing the same dance move until the next kid comes up to pick the next dance challenge card.
5. Periodically as they are dancing, ask, *Who loves you? Jesus! What happens in Heaven when someone says yes to Jesus? A celebration!*
6. Continue playing until you run out of cards. Repeat if needed to allow each kid a turn.



#### SUPPLIES NEEDED



Bag or  
bucket



Dance  
Challenge  
printable



Scissors

#### BIG IDEA

**Jesus loves me.**



**SPIN AROUND IN A CIRCLE**



**JUMP UP AND DOWN**



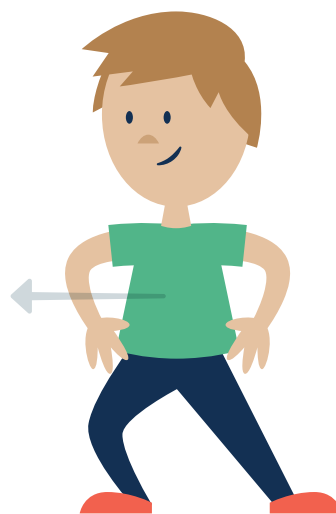
**DO THE DISCO**



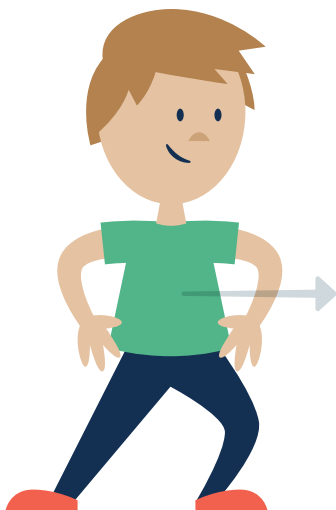
**WAVE YOUR HANDS IN THE AIR**



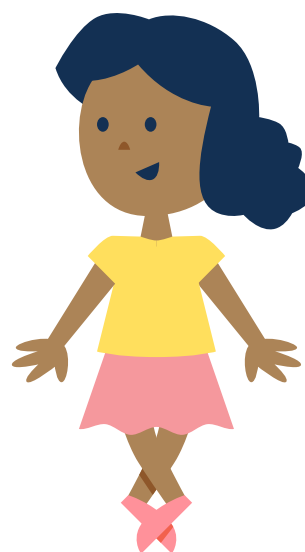
**WIGGLE YOUR WHOLE BODY**



**SLIDE TO THE LEFT**



**SLIDE TO THE RIGHT**



**CRISSCROSS YOUR LEGS**



**FREESTYLE**



**FREESTYLE**



**FREESTYLE**



**FREESTYLE**